Child and Adolescent Health Specialists, PC



223 Chief Justice Cushing Highway, Suite 201 Cohasset, MA 02025 P 781.383.8380 F 781.383.8382

When to call your Pediatrician if your child has a fever

Please note that the following are guidelines only. Your child's general appearance and the way he or she is acting are usually more important indicators of illness than the height of the fever. You should always call if your child looks or acts significantly ill for any period of time or if you are concerned about worsening health.

Call immediately if:

- Your child looks or acts very ill for any period of time.
- You think your child has had a seizure.
- Your child is less than three months old and has a temperature greater than 100.4°F.
- Your child is over three months and less than three years old, and the fever is over 102.5°F and he or she is not acting well.
- Your child is over three years old, feverish, does not look well, and does not perk up significantly after an appropriate dose of fever medicine.
- Your child is crying inconsolably.
- Your child cries if you touch him or move him.
- Your child is difficult to awaken.
- Your child complains of a stiff neck and can not touch the chin to the chest without pain.
- Purple spots are present on the skin, and these do not blanch (turn white) when pressed firmly.
- Breathing is labored and no better after the nasal passages are cleared.
- Your child is unable to swallow anything and is drooling saliva.
- Your baby's soft spot is bulging when he or she is sitting up quietly.
- There is redness or swelling around the eye or pain with eye movements.
- There is redness, tenderness, or swelling over an arm or leg.
- Your child walks with a limp or refuses to move an arm or leg.
- Your child has a compromised immune system or sickle cell anemia.
- You have any other concerns about fever that make you feel an immediate call is necessary.

Call within 24 hours if:

- Your child suffers from a burning sensation or pain during urination.
- Your child complains of ear pain.
- Your child complains of sore throat and any of the following: swollen glands, headache, abdominal pain, rash, or joint pain.
- Your child voids dark urine 3 or 4 weeks after a sore throat.
- Your child's fever lasts more than 48 hours without any obvious cause or infection.

Call during regular office hours if:

- Your child's fever is greater than 101.5°F for more than 72 hours.
- The fever had been normal for 24 hours and then returned.
- Your child has a history of seizures with fever, and you wish to review fever management.
- You have other concerns or questions regarding fever.

Please refer to Acetaminophen (Tylenol) and Ibuprofen (Motrin or Advil) dosing sheet for appropriate dosages based on your child's weight.

We do **NOT** recommend alternating doses of Tylenol and Motrin under any circumstances. This practice is unnecessary and may lead to dangerous over-dosage of medication.

We do **NOT** recommend aspirin for children of any age due to the risk of Reye's syndrome (a disorder involving liver, brain, and kidney disturbances that can be triggered in children with viral infections who are exposed to aspirin).